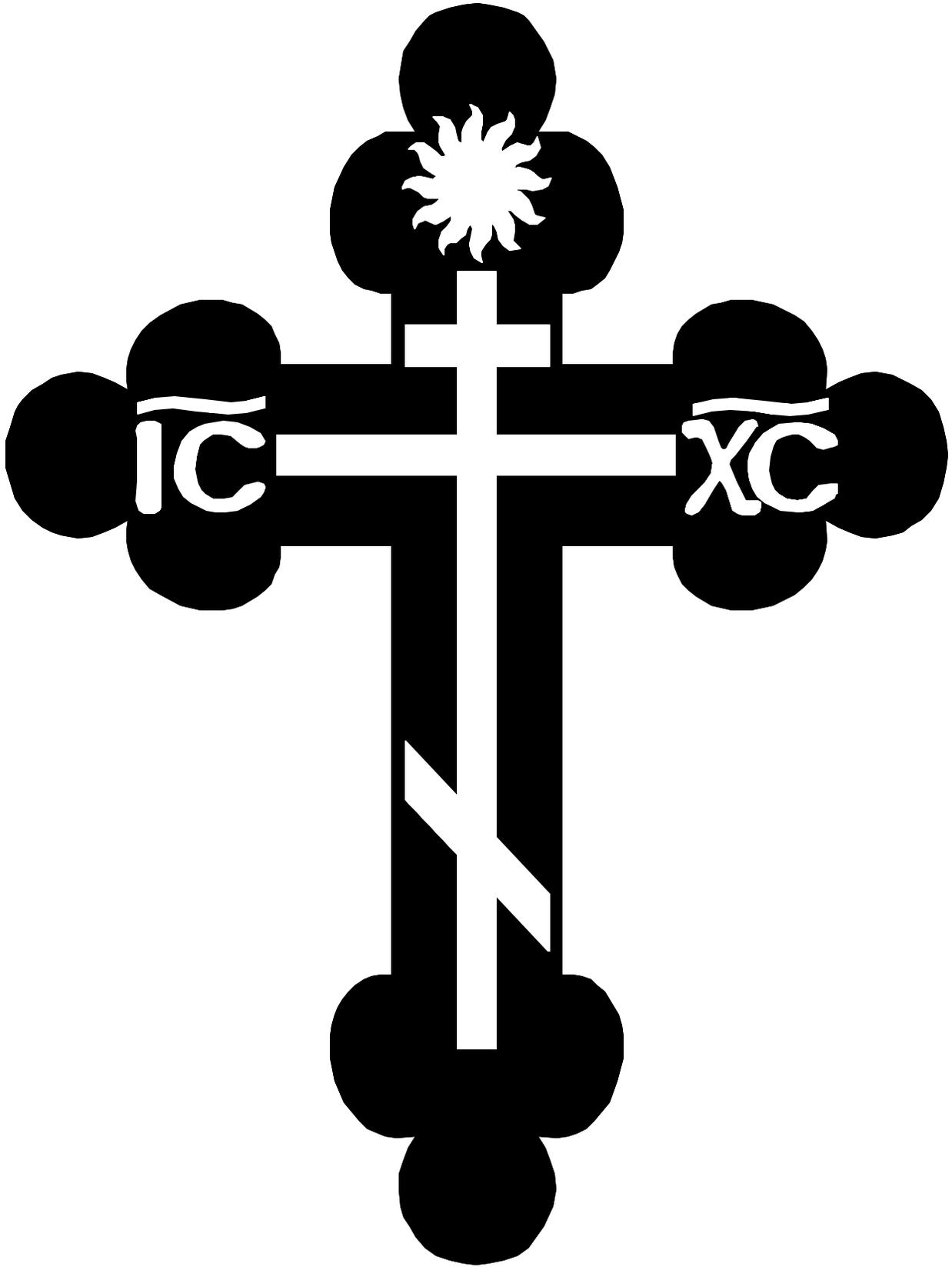


# NIGHT PRAYER



**Liturgy of the Hours  
According to the Roman Rite**

# NIGHT PRAYER

God, Come to my assistance

Lord, make haste to help me.

Glory to the Father, and to the Son, and to the Holy Spirit.

As it was in the beginning, is now, and will be for ever. Amen. Alleluia

Penitential rite (Optional)

## **Form A**

I confess to almighty God,  
and to you, my brothers and sisters,  
that I have sinned through my own fault (*Strike breast*)  
in my thoughts and in my words,  
in what I have done,  
and in what I have failed to do;  
and I ask blessed Mary, ever virgin,  
all the angels and saints,  
and you my brothers and sisters,  
to pray for me to the Lord our God.

## **Form B**

Lord, we have sinned against you: Lord have mercy  
—**Lord have mercy.**  
Lord, show us your mercy and love.  
—**And grant us your Salvation.**

## **Form C**

*Invocation...* Lord, have mercy.  
—**Lord, have mercy.**  
*Invocation...* Christ, have mercy.  
—**Christ, have mercy.**  
*Invocation...* Lord, have mercy.  
—**Lord, have mercy.**

*Presider can end each of the above with:*  
May Almighty God have mercy on us,  
forgive us our sins,  
and bring us to everlasting life.  
—**Amen.**

*If form A is used, penitential rite can end with the Kyrie in either the English or Greek version, preferable set to music*

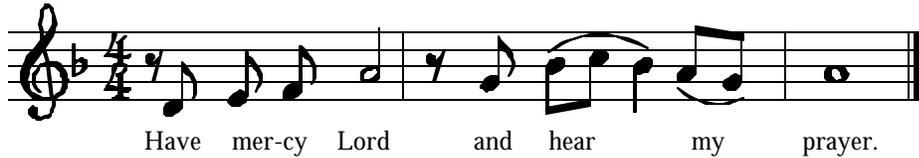
Lord, have mercy.  
—**Lord, have mercy.**  
Christ, have mercy.  
—**Christ, have mercy.**  
Lord, have mercy.  
—**Lord, have mercy.**

Kyrie, eleison  
— **Kyrie, eleison.**  
Christe, eleison.  
— **Christe, eleison.**  
Kyrie, eleison.  
— **Kyrie, eleison.**

PSALMODY

**AFTER EVENING PRAYER I ON SUNDAYS AND SOLEMNITIES**

Antiphon 1: Music: Sloan Rolando



Psalm Tone: Tone 5, Rev. Percy Jones



**Psalm 4**

Thanksgiving

*The resurrection of Christ was God's supreme and wholly marvelous work (Saint Augustine).*

When I call, answer me, O God of justice; \*  
from anguish you released me; have mercy and hear me!

O men, how long will your hearts be closed, \*  
will you love what is futile and seek what is false?

It is the Lord who grants favors to those whom he loves; \*  
the Lord hears me whenev-er I call him.

Fear him; do not sin: ponder on your bed and be still. \*  
Make justice your sacrifice and trust in the Lord.

"What can bring us happiness?" ma-ny say. \*  
Let the light of your face shine on us, O Lord.

You have put into my heart a grea-ter joy \*  
than they have from abundance of corn and new wine.

I will lie down in peace and sleep comes at once \*  
for you alone, Lord, make me dwell in safety.

Glory to the Father, and to the Son, \*  
and to the Ho-ly Spirit.

As it was in the beginning, \*  
is now, and will be for ev-er. A - men.



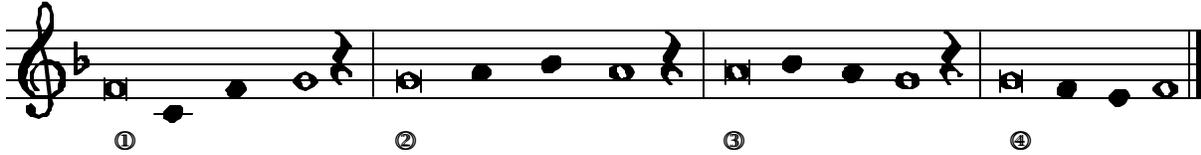
## AFTER EVENING PRAYER II ON SUNDAYS AND SOLEMNITIES

Antiphon: Music: Sloan Rolando



Night holds no ter - rors for me sleep - ing un - der God's wings.

Psalm Tone: Sloan Rolando



### Psalm 91

Safe in God's Sheltering care.

*I have given you the power to tread on serpents and scorpions* (Luke 10:19).

He who dwells in the shelter of the most high and abides in the shade of the almighty says to the Lord: "my refuge, my stronghold, my God in whom I trust!"

It is he who will free you from the snare of the fowler who seeks to destroy you; he will conceal you with his pinions and under his wings you will find refuge.

You will not fear the terror of the night nor the arrow that flies by day, nor the plague that prowls in the darkness nor the scourge that lays waste at noon.

A thousand may fall at your side, ten thousand fall at your right, you, it will ne-ver approach; his faithfulness is buck-ler and shield.

Your eyes have on-ly to look to see how the wicked are repaid, you who have said: "Lord, my refuge!" and have made the Most High your dwelling.

Upon you no e-vil shall fall, no plague approach where you dwell. For you has he comman-ded his angels, to keep you in all your ways.

They shall bear you u-pon their hands lest you strike your foot a-gainst a stone. On the lion and the viper you will tread and trample the young lion and the dragon.

Since he clings to me in love, I will free him; protect him for he knows my name. When he calls I shall answer: "I am with you." I will save him in distress and give him glory.

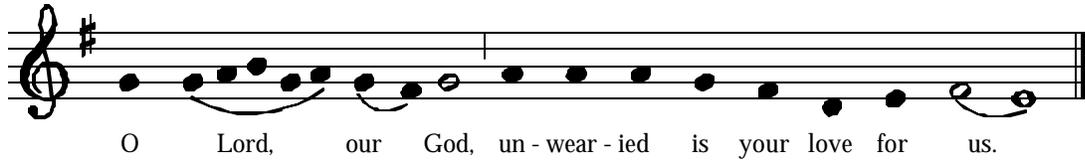
With length of life I will con-tent him; ①  
I shall let him see my sa-ving power. ④

Glory to the Father, and to the Son, ①  
and to the Ho-ly Spirit. ④

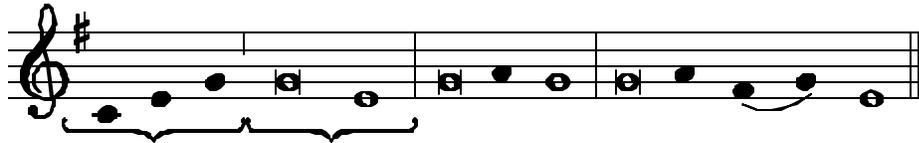
As it was in the beginning, ①  
is now, and will be for ev-er. Amen. ④

# MONDAY

Antiphon: Music: Sloan Rolando



Psalm Tone: Gregorian tone 5. Arrangement: Sloan Rolando



Int. (Cantor only) Use only when † is at end of line \*

## Psalm 86

Poor man's prayer in trouble  
*Blessed be God who comforts us in all our trials* (2 Corinthians 1:3, 4).

*Turn your ear,* O Lord, and give answer  
for I am poor and nee-dy. †  
Preserve my life, for I am faith-ful: \*  
save the servant who trusts in you.

You are my God; have mercy on me, Lord,  
for I cry to you all day long. †  
Give joy to your servant, O Lord, \*  
for to you I lift up my soul.

O Lord, you are good and forgiving,  
full of love to all who call. †  
Give heed, O Lord, to my prayer \*  
and attend to the sound of my voice.

In the day of distress I will call  
and surely you will re-ply. †  
Among the gods there is none like you, O Lord; \*  
nor work to com-pare with yours. \*

All the nations shall come to adore you  
and glorify your name, O Lord: †  
for you are great and do marvel-lous deeds, \*  
you who a-lone are God.

Show me, Lord, your way  
so that I may walk in your truth. \*  
Guide my heart to fear your name.

I will praise you, Lord my God, with all my heart  
and glorify your name for ev-er: †  
for your love to me has been great: \*  
you have saved me from the depths of the grave.

The proud have risen against me;  
ruthless men seek my life: \*  
to you they pay no heed.

But you, God of mercy and compassion,  
slow to anger, O Lord. †  
abounding in love and truth, \*  
turn and take pity on me.

O give your strength to your servant  
and save your handmaid's son. †  
Show me a sign of your favor  
that my foes may see to their shame \*  
that you console me and give me your help.

Glory to the Father, and to the Son, \*  
and to the Ho-ly Spirit.

As it was in the be-ginning, \*  
is now, and will be for ever. A - men.

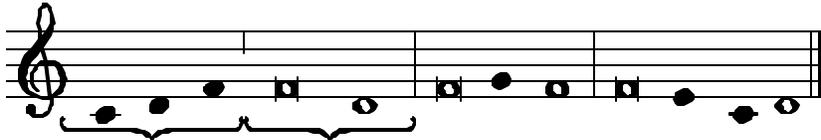
## TUESDAY

Antiphon: Music: Sloan Rolando



Do not hide your face from me; in you I put my trust.

Psalm Tone: Gregorian Tone 2.



Int. (Cantor only)      Use only when      \*

† is at end of line

### Psalm 143:1-11

Prayer in distress

*Only by faith in Jesus Christ is a man made holy in God's sight. No observance of the law can achieve this (Galatians 2:16).*

Lord, *lis-ten* to my prayer:  
turn your ear to my ap-peal. †  
You are faithful, you are just; give an-swer. \*  
Do not call your servant to judgment  
for no one is just in your sight.

The enemy pursues my soul;  
he has crushed my life to the ground; †  
he has made me dwell in darkness  
like the dead, long for-got-ten. \*  
Therefore my spirit fails;  
my heart is numb within me.

I remember the days that are past:  
I ponder all your works. †  
I muse on what your hand has wrought,  
and to you I stretch out my hands. \*  
Like a parched land my soul thirsts for you.

Lord, make haste and answer;  
for my spirit fails within me. †  
Do not hide your face \*  
lest I become like those in the grave.

In the morning let me know your love  
for I put my trust in you. †  
Make me know the way I should walk: \*  
to you I lift up my soul.

Rescue me, Lord, from my enemies;  
I have fled to you for re-fuge. †  
Teach me to do your will  
for you, O Lord, are my God. \*  
Let your good spirit guide me  
in ways that are le-vel and smooth.

For your name's sake, Lord, save my life; \*  
in your justice save my soul from distress.

Glory to the Father, and to the Son, \*  
and to the Ho-ly Spirit.

As it was in the be-gin-ning, \*  
is now, and will be for ev-er. A - men.

## WEDNESDAY

Antiphon 1: Music: Sloan Rolando



Lord God, be my re - fuge and my strength

Psalm Tone: Gregorian Tone 1g. Arrangement: Sloan Rolando



Int. (Cantor only) Use only when  
† is at end of line

\*

### Psalm 31:1-6

Trustful prayer in adversity

*Father, into your hands I commend my spirit* (Luke 23:46)

*In you*, O Lord, I take refuge.

Let me never be put to *shame*. †

In your justice, *set* me free, \*

hear me and spee-*di*-ly rescue me.

Be a rock of refuge for me,

a mighty strong hold to save *me*, †

for you are my *rock*, my stronghold. \*

For your name's sake, lead *me* and guide me.

Release me from the snares they have hidden

for you are my re-*fuge*, Lord. †

Into your hands, I com-*mend* my spirit. \*

It is you who *will* redeem me, Lord.

Glory to the Father, and *to* the Son, \*

and to the *Ho*-ly Spirit.

As it was in *the* beginning, \*

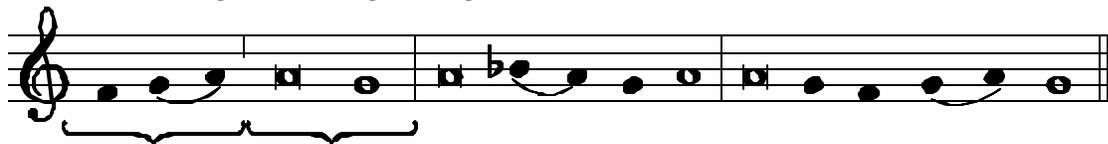
is now, and will be for *ev*-er. Amen.

Antiphon: Music: Sloan Rolando



Out of the depths I cry to you, O Lord, to you, O Lord.

Psalm Tone: Gregorian Tone 1g. Arrangement: Sloan Rolando



Int. (Cantor only) Use only when  
† is at end of line

\*

### Psalm 130

A cry from the depths

*Father, into your hands I commend my spirit* (Luke 23:46)

*Out of* the depths I cry to you, O Lord,  
Lord, hear my voice! †  
O let your ears be attentive \*  
to the voice of my pleading.

If you, O Lord, should mark our guilt,  
Lord, who would sur-vive? †  
But with you is found forgiveness: \*  
for this we revere you.

My soul is waiting for the Lord,  
I count on his word. †  
My soul is longing for the Lord  
more than watchman for daybreak. \*  
Let the watchman count on day break  
and Is-ra-el on the Lord.

Because with the Lord there is mercy  
and fullness of redemp-tion, †  
Israel indeed he will redeem \*  
from all its iniquity.

Glory to the Father, and to the Son, \*  
and to the Ho-ly Spirit.

As it was in the beginning, \*  
is now, and will be for ev-er. Amen.

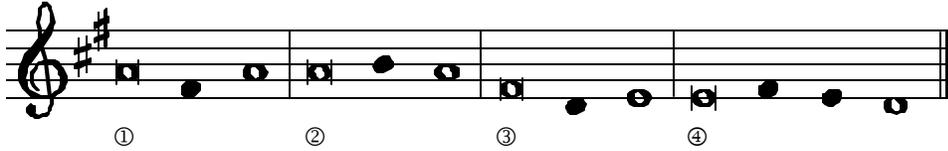
## THURSDAY

Antiphon: Music: Sloan Rolando



In you, my God, my bo - dy will rest in hope.

Psalm Tone: Sloan Rolando



### Psalm 16

God is my portion, my inheritance  
*The Father raised up Jesus from the dead and broke the  
bonds of death (Acts 2:24)*

Preserve me, God, I take refuge in you. ①  
I say to the Lord: "You are my God. ③  
My happiness lies in you alone."

He has put into my heart a marvellous love  
for the faithful ones who dwell in his land.  
Those who choose other gods increase their sorrows.  
Never will I offer their offerings of blood.  
Never will I take their name u-pon my lips.

O Lord, it is you who are my portion and cup;  
it is you yourself who are my prize.  
The lot marked out for me is my de-light:  
welcome indeed the heritage that falls to me!

I will bless the Lord who gives me counsel,  
who even at night directs my heart.  
I keep the Lord ever in my sight:  
since he is at my right hand, I shall stand firm.

And so my heart rejoices, my soul is glad;  
even my body shall rest in safety.  
for you will not leave my soul among the dead,  
nor let your beloved know decay.

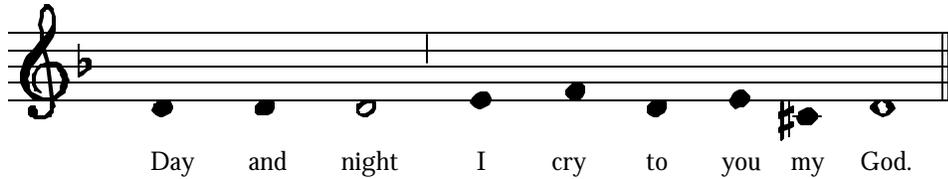
You will show me the path of life, ①  
the fullness of joy in your presence, ③  
at your right hand happi-ness for ever.

Glory to the Father, and to the Son, ①  
and to the Ho-ly Spirit. ②

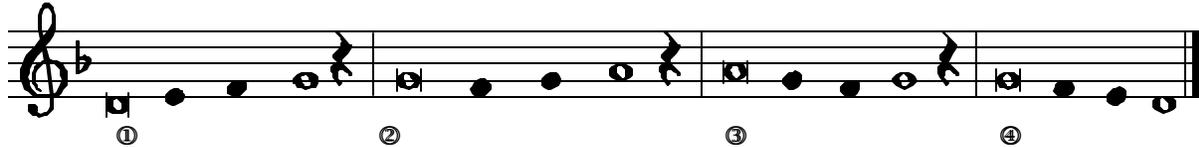
As it was in the be-ginning, ③  
is now, and will be for ev-er. A - men. ④

# FRIDAY

Antiphon: Music: Sloan Rolando



Psalm Tone: Bévenot Tone #1.



## Psalm 88

Prayer of a sick Person.

*This is your hour when darkness reigns (Luke 22:53).*

I cry at night be-fore you.  
Lord my God, I call for help by day;  
Let my prayer come in-to your presence.  
O turn your ear to my cry.

For my soul is filled with evils;  
my life is on the brink of the grave.  
I am reckoned as one in the tomb:  
I have reached the end of my strength,

like one alone a-mong the dead;  
like the slain lying in their graves;  
like those you remem-ber no more  
cut off, as they are, from your hand.

You have laid me in the depths of the tomb,  
in places that are dark, in the depths.  
Your anger weighs down u-pon me:  
I am drowned be-neath your waves.

You have taken a-way my friends  
and made me hateful in their sight.  
Imprisoned, I can-not escape;  
my eyes are sunk-en with grief.

I call to you, Lord, all the day long;  
to you I stretch out my hands.  
Will you work your wonders for the dead?  
Will the shades stand in praise of you?

Will your love be told in the grave  
or your faithfulness a-mong the dead?  
Will your wonders be known in the dark  
or your justice in the land of oblivion?

As for me, Lord, I call to you for help:  
in the morning my prayer comes before you.  
Lord, why do you reject me?  
Why do you hide your face?

Wretched, close to death from my youth,  
I have borne you trials; I am numb.  
Your fury has swept down upon me;  
your terrors have utter-ly destroyed me.

They surround me all the day like a flood,  
they assail me all to-gether.  
Friend and neighbor you have ta-ken away:  
my one compan-ion is darkness.

Glory to the Father, and to the Son, ①  
and to the Ho - ly Spirit. ④

As it was in the beginning, ①  
is now, and will be for ev-er. Amen. ④

## READING

AFTER EVENING PRAYER I ON SUNDAYS AND SOLEMNITIES Deuteronomy 6:4-7  
“Hear, O Israel! The LORD is our God, the LORD alone! Therefore, you shall love the LORD, your God, with all your heart, and with all your soul, and with all your strength. † Take to heart these words which I enjoin on you today. \* Drill them into your children. Speak of them at home and abroad, whether you are busy or at rest.

AFTER EVENING PRAYER II ON SUNDAYS AND SOLEMNITIES Revelation 22:4-5  
They shall see the Lord’s face, and bear his name on their fore-heads. † Night shall be no more. \* They will need no light from lamps or the sun, for the Lord God shall give them light, and they shall reign for-ever.

MONDAY 1 Thessalonians 5:9-10  
God has destined us for acquiring salvation through our Lord Je-sus Christ. \* He died for us, that all of us, whether we are awake or asleep, together might live with him.

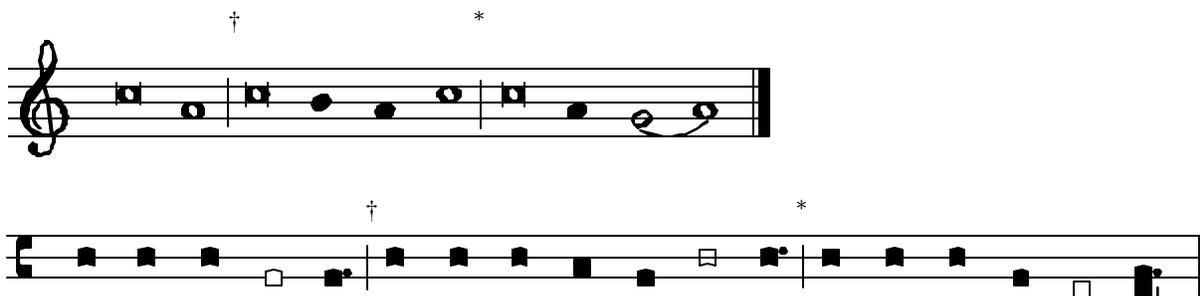
TUESDAY 1 Peter 5:8-9a  
Stay sober and a-lert. † Your opponent the devil is prowling around like a roaring lion looking for someone to devour. \* Resist him, solid in your faith.

WEDNESDAY Ephesians 4:26-27  
If you are angry, let it be without sin. † The sun must not go down on your wrath; \* do not give the devil a chance to work on you.

THURSDAY 1 Thessalonians 5:23  
May the God of peace make you perfect in holi-ness. † May he preserve you whole and entire, spirit, soul, and body, \* irrefragable at the coming of our Lord Je-sus Christ.

FRIDAY Jeremiah 14:8-10  
You are in our midst, O LORD, \*  
your name we bear:  
do not for-sake us!

TONE FOR USE WITH READINGS



# RESPONSORY

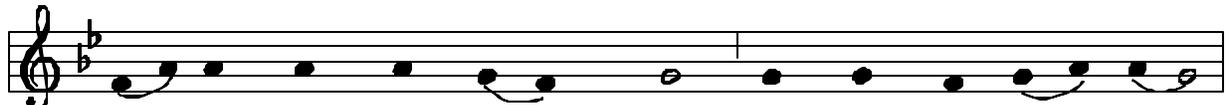
Ordinary, Lent, and Advent



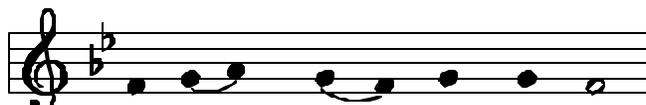
V. In-to your hands, O Lord, I com - mend my spir-it.



R. In-to your hands, O Lord, I com - mend my spir-it.



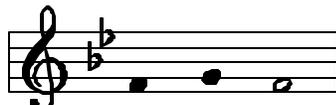
V. For you have Re - deemed us, O Lord God of truth.



R. I com - mend my spir-it.



V. Glor-y to the Fa-ther and to the Son and to the Ho -



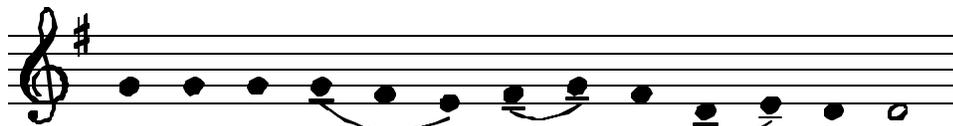
ly Spir-it.



R. In-to your hands, O Lord, I com - mend my spir-it.

Music: Sarum Tone (Arranged by Sloan Rolando)

Triduum



For our sake Christ was o - be - di - ent,



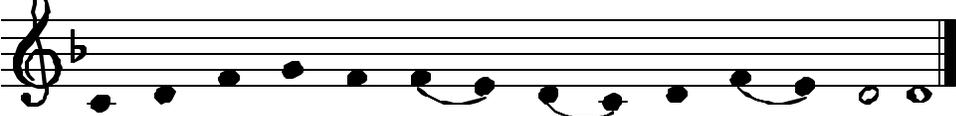
ac - cep - ting ev - en death, death on a cross.

Music: Adapted from *Deus meus, eripe me*, Antipon 3, Tone 8.c.,  
Matins (first nocturn), Maundy Thursday. (Arranged by Sloan Rolando)

Octave of Easter



This is the day the Lord has made;



let us re-joice and be glad, al-le-lu-ia.

Music: Adapted from *At Jesus conversus*, Magnificat Antiphon, Tone 1.f.,  
Vespers, 23rd Sunday after Pentecost. (Arranged by Sloan Rolando)

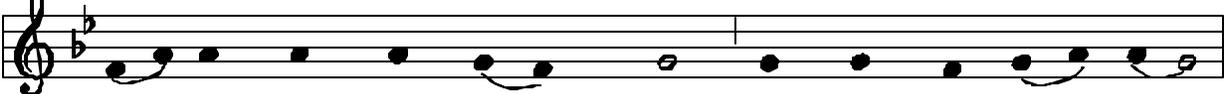
Easter



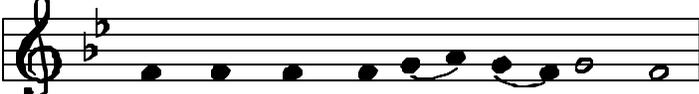
**V.** In-to your hands, O Lord, I com - mend my spir-it.



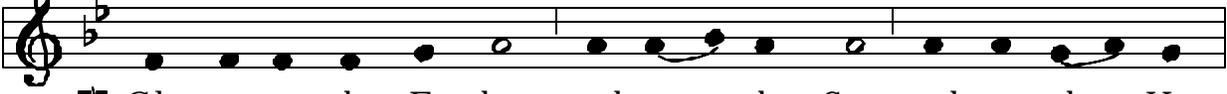
Al - le - lu - ia, Al - le - lu - ia.



**V.** For you have Re - deemed us, O Lord God of truth.



**R.** Al - le - lu - ia, Al - le - lu - ia.



**V.** Glor-y to the Fa-ther and to the Son and to the Ho -

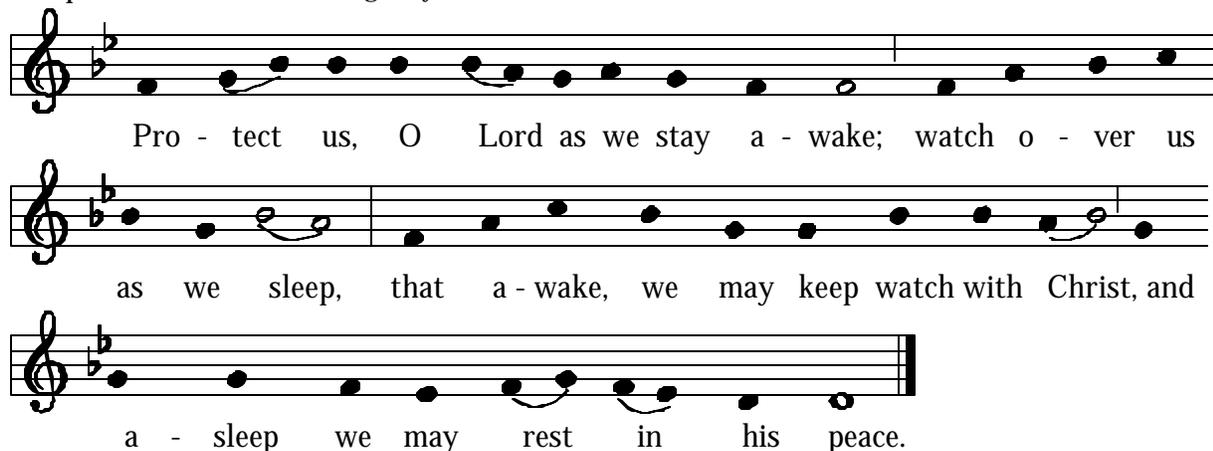


ly Spir-it.

**R.** In-to your hands...

Music: Sarum Tone (Adapted and Arranged by Sloan Rolando)

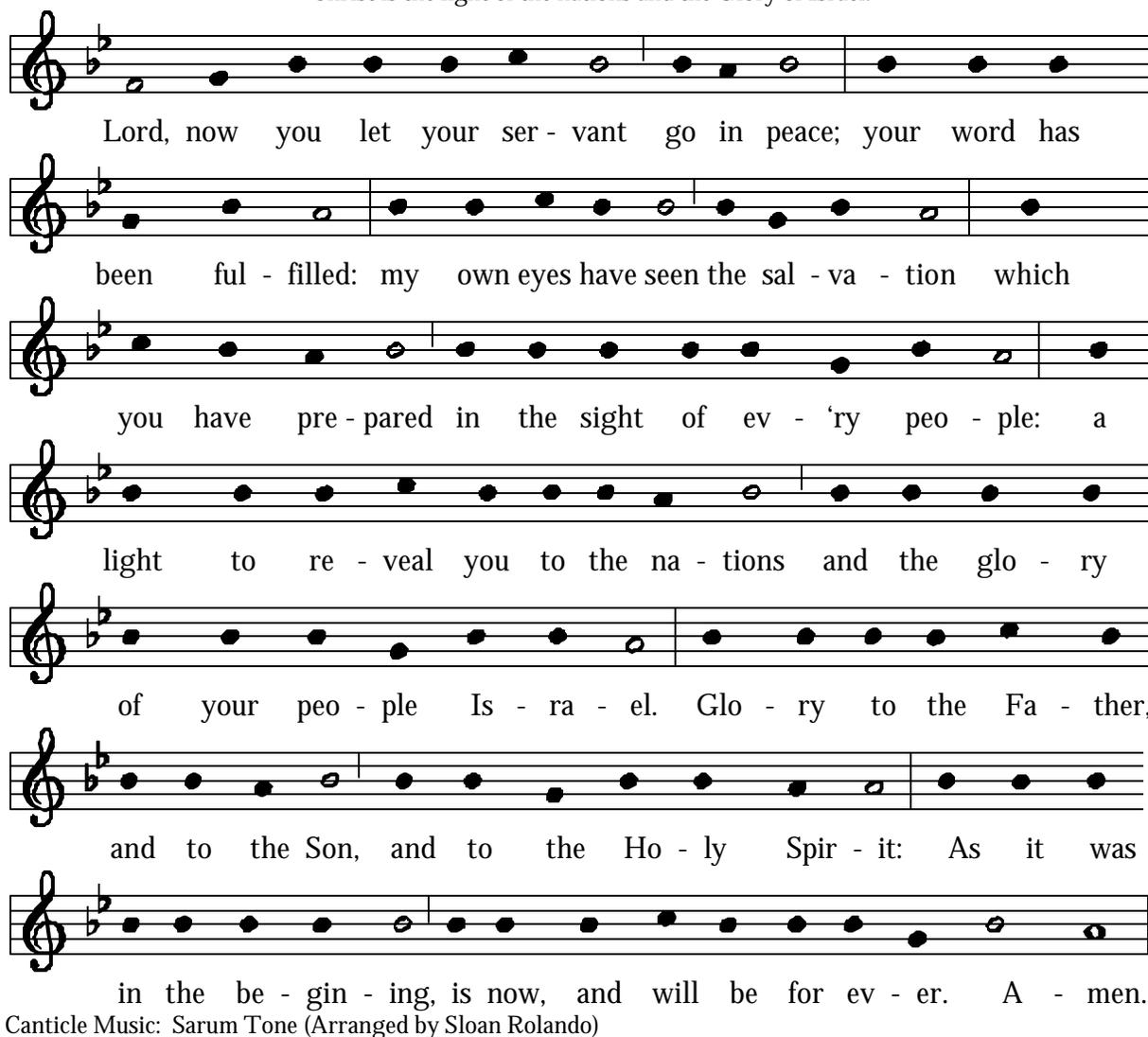
Antiphon: Sarum Tone (Arranged by Sloan Rolando, 1993)



Pro - tect us, O Lord as we stay a - wake; watch o - ver us  
as we sleep, that a - wake, we may keep watch with Christ, and  
a - sleep we may rest in his peace.

**Canticle of Simeon**

Christ is the light of the nations and the Glory of Israel.



Lord, now you let your ser - vant go in peace; your word has  
been ful - filled: my own eyes have seen the sal - va - tion which  
you have pre - pared in the sight of ev - 'ry peo - ple: a  
light to re - veal you to the na - tions and the glo - ry  
of your peo - ple Is - ra - el. Glo - ry to the Fa - ther,  
and to the Son, and to the Ho - ly Spir - it: As it was  
in the be - gin - ing, is now, and will be for ev - er. A - men.

Canticle Music: Sarum Tone (Arranged by Sloan Rolando)

## CONCLUDING PRAYER

### **SUNDAY AFTER EVENING PRAYER I**

Lord,  
be with us throughout this night.  
When day comes may we rise from sleep  
to rejoice in the resurrection of your Christ,  
who lives and reigns for ever and ever.

### **SUNDAY AFTER EVENING PRAYER II**

Lord,  
we have celebrated today  
the mystery of the rising of Christ to new life.  
May we now rest in your peace,  
safe from all that could harm us,  
and rise again refreshed and joyful,  
to praise you throughout another day.  
We ask this through Christ our Lord.

### **Solemnities that do not occur on Sunday**

Lord,  
we beg you to visit this house  
and banish from it  
the deadly power of the enemy.  
May your holy angels dwell here  
to keep us in peace,  
and may your blessing be upon us always.  
We ask this through Christ our Lord.

### **MONDAY**

Lord,  
give our bodies restful sleep  
and let the work we have done today  
bear fruit in eternal life  
We ask this through Christ our Lord.

Amen

May the all-powerful Lord grant us a restful night and a peaceful death.

Amen

### **TUESDAY**

Lord,  
fill this night with your radiance.  
May we sleep in peace and rise with joy  
to welcome the light of a new day in your name.  
We ask this through Christ our Lord.

### **WEDNESDAY**

Lord Jesus Christ,  
you have given your followers  
an example of gentleness and humility,  
a task that is easy, a burden that is light.  
Accept the prayers and work of this day,  
and give us the rest that will strengthen us  
to render more faithful service to you.  
We ask this through Christ our Lord.

### **THURSDAY**

Lord God,  
send peaceful sleep  
to refresh our tired bodies.  
May your help always renew us  
and keep us strong in your service.  
We ask this through Christ our Lord.

### **FRIDAY**

All-powerful God,  
keep us united with your Son  
in his death and burial  
so that we may rise to new life with him,  
who lives and reigns for ever and ever.

## **Antiphons in Honor of the Blessed Virgin**

### **ORDINARY**

Hail, holy Queen, mother of mercy, our life, our  
sweetness, and our hope. To you do we cry, poor  
banished children of Eve. To you do we send up our  
sighs, mourning and weeping in this vale of tears. Turn  
then, most gracious advocate, your eyes of mercy toward  
us, and after this exile show to us the blessed fruit of  
your womb, Jesus. O clement, O loving, O sweet Virgin  
Mary.

### **ADVENT AND CHRISTMAS**

Loving mother of the Redeemer, gate of heaven, star of  
the sea, assist your people who have fallen yet strive to  
rise again. To the wonderment of nature you bore your  
Creator, yet remained a virgin after as before. You who  
received Gabriel's joyful greeting, have pity on us poor  
sinners.

Salve, Regina, Mater misericordiae; vita, dulcedo et spes  
nostra, salve. Ad te clamamus, exsules filii Evae. Ad te  
suspiramus, gementes et flentes in hac lacrimarum valle.

Eia ergo, advocata nostra, illos tuos misericordes oculos  
ad nos converte. Et Iesum, benedictum fructum ventris  
tui, nobis post hoc exsilium ostende. O clemens, o pia, o  
dulcis Virgo Maria.

Alma Redemptoris Mater, quae pervia caeli porta  
manes, et stella maris, succurre cadenti, surgere qui  
curat, populo: tu quae genuisti, natura mirante, tuum  
sanctum Genitorem, Virgo prius ac posterius, Gabriellis  
ab ore sumens illud Ave, peccatorum miserere.

**LENT**

Hail, Queen of heaven, hail angelic Lady, Hail root and portal, from whom the light of the world originates. Rejoice, glorious Virgin, splendid above all. Hail, O greatly beautiful one, and make urgent appeal to Christ for us.

**EASTER**

Queen of Heaven, rejoice, alleluia. The Son whom you merited to bear, alleluia, has risen as he said, alleluia.

Rejoice and be glad, O Virgin Mary, alleluia! For the Lord has truly risen, alleluia.

Ave, Regina Caelorum, ave, Domina angelorum, salve, radix, salve, porta, ex qua mundo lux est orta.

Gaude, Virgo gloriosa, super omnes, speciosa; vale, o valde decora, et pro nobis Christum exora.

Regina, caeli, laetare, alleluia, quia quem meruisti portare, alleluia, resurrexit sicut dixit, alleluia; ora pro nobis Deum, alleluia.

Gaude et laetare, Virgo Maria, alleluia. Quia surrexit Dominus vere, alleluia.

# APPENDIX

## Easter Antiphons

### PSALMODY

#### Sunday after Evening Prayer I

Al - le - lu - ia, Al - le - lu - ia, Al - le - lu - ia

Al - le - lu - ia, Al - le - lu - ia, Al - le - lu - ia

#### Sunday after Evening Prayer II

Al - le - lu - ia, Al - le - lu - ia, Al - le - lu - ia

#### Monday

Al - le - lu - ia, Al - le - lu - ia, Al - le - lu - ia

#### Tuesday

Al - le - lu - ia, Al - le - lu - ia, Al - le - lu - ia

#### Wednesday

Al - le - lu - ia, Al - le - lu - ia, Al - le - lu - ia

Al - le - lu - ia, Al - le - lu - ia, Al - le - lu - ia

#### Thursday

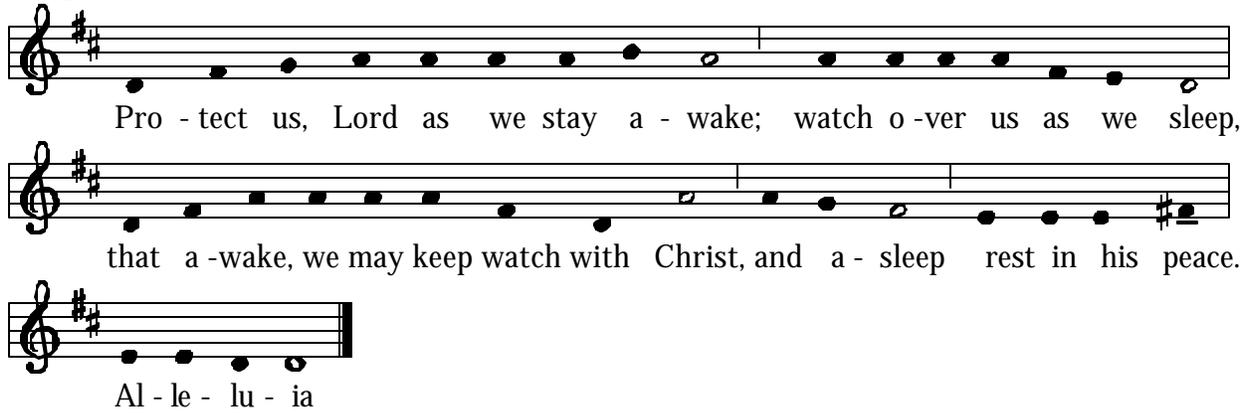
Al - le - lu - ia, Al - le - lu - ia, Al - le - lu - ia

#### Friday

Al - le - lu - ia, Al - le - lu - ia, Al - le - lu - ia

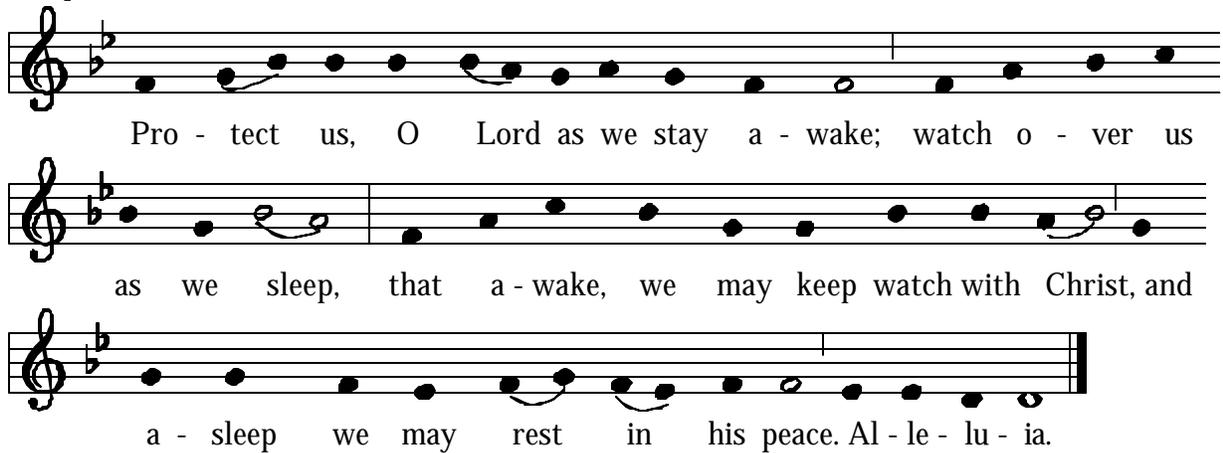
# GOSPEL CANTICLE

Antiphon: Music by Sloan Rolando 1993



Pro - tect us, Lord as we stay a - wake; watch o - ver us as we sleep,  
that a - wake, we may keep watch with Christ, and a - sleep rest in his peace.  
Al - le - lu - ia

Antiphon: Sarum Tone (Arranged by Sloan Rolando, 1993)



Pro - tect us, O Lord as we stay a - wake; watch o - ver us  
as we sleep, that a - wake, we may keep watch with Christ, and  
a - sleep we may rest in his peace. Al - le - lu - ia.